



Optimist Pioneer



The Optimist Club of Albuquerque,
New Mexico Bulletin

Chartered March 9, 1940



In Our 84th. Year of Serving the Youth of New Mexico

Volume 84 September 17, 2023 Issue No. 28

2022-2023 Officers

International President:
Robert McFadyen - 519-500-9458

International Vice President:
Linda McDonald

New Mexico-West Texas District Governor:
Jack Barclay - 575-202-2796

New Mexico-West Texas District Sec./Treas.:
Lynne Martin - 505-980-4107

Zone 3 Lt. Governor:
James E. White - 505-238-1436

Club President:
James E. White - 505-238-1436

Vice President for Admin.:
Steve A. Garcia - 505-836-4035

Vice President for Youth:
Fred Trussell - 505-280-4509

Immediate Past President:
James E. White - 505-238-1436

Club Secretary / Treasurer:
Rita R. White - 505-238-1437

Club President Elect. 23-24
Pat Trussell - 505-280-1753

Board of Directors:
2 years:

- 1. *Open*
- 2. *LaSheka Mason*
- 3. *Patricia Trussell*

- 1 year:
- 1. *Catherine Hatcher*
 - 2. *Dolores Morgan*
 - 3. *Open*

Club Sergeant-at-Arms:
Steve Garcia

Club Door Greeters:
Patricia Trussell

Optimist Supply:
<http://www.shumskyideas.com/optimist/>

NMCRS# 219956
FED TAX ID (EIN) #850110839

Message from our Club President

Positive Thought for Today: "The sunniest day has its clouds; but one must not forget that the sun is there all the time."
— **Lucy Maud Montgomery**

To look at the sunny side of everything and make your optimism come true.
James White - Club President 2022-2023

ZOCO A (The Optimist Club of Albuquerque, New Mexico) Friday Luncheon:

Join us on Friday, Sept. 22th. at 12:00 for our next Club Luncheon. It will be a hybrid Luncheon at the Overture Apartments. Open meeting.

Optimist International offers Leadership skills:

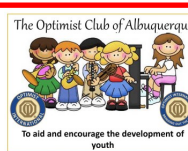
Optimist Institute (formerly LMS): **Free for all Optimist Members!**

The quickly growing content includes the annual Club Officer Courses, and courses in a host of other areas: leadership development, technology (with focus on Microsoft Office products and social media to help your Club and yourself!), optimism, youth and sports, Optimist sponsored programs, personal development skills, and diversity (like working with different generations)



Join us on
facebook

<https://www.facebook.com/OptimistClubofABQ/>



<https://optimistclubofalbuquerque.org>

This is the Club's Website.

If you get the bulletin by email hold ctrl key down and click on line above.

ZOCO A NM Events Calendar:

- Club Luncheon, Fri. Sept. 22, **Hybrid** - 12:00 - Principal Mondragon
- RM Yale House Bingo, Fri., Sept. 22 - 5:50 - 8:15
- Club Board Meeting, Tues. Sept. 26, via Zoom - 7:00
- La Copita Club Fellowship, Fri. Sept. 29, Sheraton - 12:00
- Club Officer Installation, Sun. Oct. 1, Overture 55+ - 1:30
- Club Luncheon, Fri. Oct. 6, **Hybrid** - 12:00 - Club Business

Distinguished Members of The Optimist Club of Albuquerque, New Mexico

- 1940-1941 Walter Dolde Charter President
- 1946-1947 P. J. DeVeau District Governor
- 1952-1953 A. F. Reigler District Governor
- 1954-1955 Ben Osuna District Governor
- 1959-1960 L. M. Gross District Governor
- 1961-1962 H. J. Barnett District Governor
- 1963-1964 Al Valdez District Governor
- 1965-1966 OI Vice President
- 1966-1967 Ray Eichner District Governor
- 1987-1988 Robert Furry District Governor
- 1988-1989 Arlin Pennington District Governor
- 1991-1992 Fred Leach District Governor
- 2007-2008 Venus Sanford District Governor
- 2016-2017 OI Vice President
- 2021-2022 Fred Trussell District Governor

NM-WT District #19
2022-2023

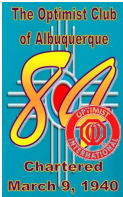


Grow Optimism,
water it with the Creed



Hot District
Zone 3
The Hot One

Club Contact information:
James White -505.238.1436
jimnewmex101@gmail.com



Friend of Youth

ZOCO A NM Club Luncheon: (Sept. 15^h)

Jim called the meeting to order and welcome everyone. Fred gave the invocation and Pat led the pledge. Jim gave his positive thought for the day.

Jim added a couple of photos of Steve to the slide for Sergeant-At-Arms so people would remember what he looks like.

Jim explained to the Officers what the OI Foundation is and how it helps us with are programs.

Jim read the letters from the Chief on the two Officers that were able to attend the meeting. Yanet said she would try to attend the meeting on the 22nd.

Jim talked briefly about our Scholarship program and the themes for this coming year.

Jim also explained the various ways we help schools and the Ronald McDonald Houses.

Jim told everyone about the new O.W.L.S. program from OI to give us ways to partner with schools.

Jim reported on Bingo at the Highland House.

Everyone talked about the Rio Communities OC Youth Appreciation Event. We had a lot of fun. Thanks to all the members and spouses that attended. We all went to lunch after the event was over.

Rita reminded everyone that dues statements will be sent soon so get your 2023-2024 dues turned in.

We also talked about our Club and Member OIF donations will be sent this week. We will donate as a 365 Club, To Health & Wellness and Childhood Cancer. About \$700 total, not counting .the \$547.50 members donated through Dime-A-Day.

You can start making your next years Dime-A-Day donations now.

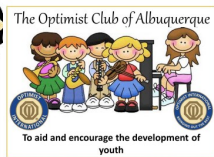
We hope to have the new Principal for Janet Kahn join us for the meeting on the 22nd.

We will also have Bingo at the Yale House on the 22nd. Fred and Pat will not be there so we can use some help.

We closed the Luncheon with the Optimist Creed.



Check out our Facebook page click on the line below



<https://www.facebook.com/OptimistClubofABQ/>

The Optimist Creed

Promise Yourself -

- To be so strong that nothing can disturb your peace of mind.
- To talk health, happiness and prosperity to every person you meet.
- To make all your friends feel that there is something in them.
- To look at the sunny side of everything and make your optimism come true.
- To think only of the best, to work only for the best, and to expect only the best.
- To be just as enthusiastic about the success of others as you are about your own.
- To forget the mistakes of the past and press on to the greater achievements of the future.
- To wear a cheerful countenance at all times and give every living creature you meet a smile.
- To give so much time to the improvement of yourself that you have no time to criticize others.
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.



★★ZOCO A Luncheon: (Sept. 22th)★★

Sept 22nd. will be our next Club Luncheon. It will be a hybrid lunch. So join us for fun and fellowship. Our guest Principal Mondragon

How food service for Luncheons works:

You will be able to select from the provided menu, bring your own food or not eat during the meeting. All orders and confirmation that you will be at the meeting must be received by Friday 9:00 am.

We will send out a menu for each weeks meeting no later than Tuesday. Use this menu to confirm that you will be at the meeting and what you would like to eat. We will pick up the food items and have them ready for you when you arrive on Friday.

The price of the meals is \$15. If you bring your own or do not eat we will charge you \$3 for incidentals and to help cover meals for speakers and Police Officers.

Food Orders will be placed Friday morning If you order a meal and do not inform us by Friday 9:00 am of a change then you will be charged for the meal because we have to pay for it.

It's a live meeting people!

It will be simulcast via Zoom for those unable to attend live

Bingo Nights at Ronald McDonald Houses:



Our next Bingo Night will be **Sept. 22nd** at the **Yale** Ronald McDonald House at 1101 Yale Blvd. NE. Parking is on the west side of the building. We will start set up at 5:30.

We need prizes for boys and girls age 1 to 14. We need baby items and items for parents. We need father items.

Club Polo shirts: Several members have ordered Club Shirts. The order has been sent out. Hopefully we will hear back in a couple of weeks.

CLUB INSTALLATION BANQUET:

Sunday, October 1 will be the Club's Officer Installation Banquet for 23-24. We will have a catered event stating at 1:30 to 3:30. The meal will be **\$20.00** per person. All Club Officers, members and their guest should try to attend.

The cater will be our friends Trish and Robert from Turquoise Roadrunner.

Please get your reservations in as soon as possible. Contact Rita at 505-238-1437.

Attendance at the Sept. 15 Lunch:

We missed 10 members this week.

We currently have 15 members. In attendance: **(7)**, 4 members, 7 excused (73%) 3 guest. Attending the meeting were: Fred T., Pat T., Jim W., and Rita W.

Excused: David C., Kay F., Catherine H., Lasheka M., Starr P., Ron R., and Stephanie S.

Guest: Dist. S/T Lynne Martin, Officers Arteaga and Mares.

Club Bulletin:

Let me know of upcoming events and speakers.

If you have information to put in the bulletin call Jim White 238-1436 or email me at jimnewmex101@gmail.com



The Optimist Club of Albuquerque, New Mexico

Upcoming Club Events: (Club Meetings at Overture 55+)

Sept. 17, Celebrate Constitution Day

Sept. 22, Fri. Club Luncheon, **via Hybrid** - 12:00 - Open

Sept. 22, Ronald McDonald Bingo, **Yale House** - 5:30

Sept. 26, Club Board Meeting, **via Zoom** - 7:00

Sept. 29, La Copita Club Fellowship, **Sheraton** - 12:00

Oct. 1, Club Installations Banquet, **Overture 55+** - 1:30

Oct. 6, Fri. Club Luncheon, **via Hybrid** - 12:00 - Club Business

★★Website Ads: ★★TIME TO PAY FOR YOUR ADS

Bulletin sponsors and others can now purchase ads on the Club Website. Ads will be \$60 a year or \$15 per Quarter.

We are still looking for Bulletin Ads. \$15 per year.

Contact Rita at 505-238-1437.

Help your Club pay Bulletin & website costs.

Optimist Dues:

The Club will be sending out dues statements for the 2023-2024 Optimist Year in September. There will be a 4% increase to International Dues to cover Cost of Living during the last year.

We are mentioning it now so there will not be a shock.

Police Officers of the Month:

We had 4 Police Officers for the Month of September. Uniformed Officer Lonetta Gallegos, Detective Kevin Schlegel, Sergeant Jonathan Mares, and Officer Yanet Arteaga. Jonathan joined us live and Yanet via Zoom.

Sgt. Mares said his team put him in for the Award. They submitted a very strong letter saying what a great supervisor Jonathan is. They commented on how he makes the team stronger. Jonathan said the Award goes to the whole team and he plans to use the gift certificate we gave him to buy pizza for the whole team.

This is the second time he has been selected as Officer of the Month. He was selected back in 2011.

Yanet is a De-Escalation Officer working to help people who's problems have become traumatic and violent. She works to calm the situation and help prevent people from getting harmed.

Thanks to all the Officers in the Department for protecting us.



Ronald McDonald House Bingo Prizes:

We have a great time at Bingo. We need items for prizes. Items like toys and games for children 1 to 14 and items for babies, stuffed toys, clothing and other items. Diapers and baby wipes.

Our box of prizes is getting very low. Can you help?

Next Bingo Night is: **Sept. 22nd. at the Yale House.**

We also need volunteers for the Bingo Nights from 5:30 – 8:30.



★★★ School Supplies: ★★★

Did you know that Crayola Crayons makes special crayon to be used on construction paper. We learned this from the Librarian during our tour of Janet Kahn. These crayons create brighter colors. Now if that does not go along with positive thoughts to brighten our day.

Rita says we are down to 1 backpack. We also have been asked for puzzles and games for the library.

Speakers:

We need Speaker for the 2nd and 4th meeting of each month. If you know of someone or have a topic you are interested in contact **Dolores Morgan at 505.857.9111 or vivian515@comcast.net.**

District & International Events:

1st. Trimester - Dist. Conf., Nov. 11 & 12, 2023 in El Paso

2nd Trimester - Dist. Conf., Apr. 13 & 14, 2024 in Roswell

106th Optimist International Convention Jun. 23–26, 2024, Niagara Falls, Ontario, Canada (you will need a passport)

3rd. Trimester - Dist. Conf. & Conv., Aug. 10 & 11, 2024 in Belen

Childhood Health & Wellness:

During our visit with the Rio Communities Club several members of their Club showed great interest in all the aspects covered under Childhood Health & Wellness.



Terri Lynn Nut Sales:

<https://theoptimistclubofabq.terri Lynn.com/>

If you log on to this website and purchase a few items you will be helping our Club raise money for our many Club activities. Tell all your family and friends about this website. *Be a friend of Youth.* Our Club is working to help in providing hope and positive vision, Optimists bring out the best in youth, our communities and ourselves.



Our Club is working to help in providing hope and positive vision, Optimists bring out the best in youth, our communities and ourselves.



RONALD MCDONALD HOUSE * PULL TABS:



Bag after bag of Pull Tabs add up to help the Houses cover the cost of things like laundry detergent and hamburger meat.

Pull tabs are an inexpensive way of donating to the House yet they make a big difference.



Childhood Cancer Campaign:

Donations to the Club's Cancer jar are sent to the OI Foundation at the end of the year. The Foundation then forwards on those dollars to John Hopkins Children's Cancer Research Center.

It is research that is finding treatments and cures for many killers of children.



The Club's OI Foundation Club Piggy:



Go to oifoundation.org

You can make donations to the OI Foundation that are not designated to specific program. This includes the Club 365 donation.

You can donate through the Club to Childhood Health & Wellness and the Cancer Campaign.



2022-2023 Club Dime-A-Day Members:

(15 of 15 = 100%)

David C. ♥, Kay F. ♥, Steve G. ♥, Catherine H. ♥, Ramona M. ☺,
Lasheka M. ☺, Dolores M. ♥, Glenda M. ☺, Starr P. ♥, Stephanie S. ♥,
Ron R. ☺, Fred T. ♥, Pat T. ♥, James W. ♥, Rita W. ♥

Club Luncheon Dates:

The Optimist Club of Albuquerque, NM meets weekly at the **Overture 55+ Apartment Complex**. That means we will have **regular Club Hybrid (Live & Zoom) Luncheons on the 1st, 2nd, 3rd and 4th Fridays of every month.**

We have Police Officers at the 3rd lunch. A speaker at the 1st. and possible the 2nd. We have a Board Meeting the 4th Tuesday evening and an open lunch the 4th Thursday. If there is a **5th Friday** in the month then we will call it **La Copita Club** and it will be optional and just a social gathering not an official lunch.

The Optimist Club of Albuquerque, New Mexico


 <p>GARCIA'S Kitchen Catering 505-242-1199</p>	 <p>Anyone can donate to Dime-A-Day or the Foundation</p>	 <p>505-401-3222</p>	<p>Patricia Trussell Independent Consultant Rank: Consultant patrussell.thrive.life@gmail.com www.patrussell.thrive.life.com Phone: (505) 280-1753 We help people around the world create thriving lives.</p> 	 <p>2600 Louisiana Blvd. NE</p>
<p>OVERTURE® ALBUQUERQUE 6441 Palomas Ave. NE (505) 288-3192</p>	<p>Bulletin ads are \$15 a year Website ads are \$60 per year or \$15 per quarter. Call Rita at 505-238-1437</p>	 <p>Walter Dolde Charter President The Optimist Club Of Albuquerque, New Mexico March 1940</p>	<p>Optimist Youth Camp Evening Optimist Club</p> 	 <p>SUPPORT THEM</p>
 <p>505-877-7576</p>	 <p>Our community benefits from every donation you make to the O.I. Foundation.</p>			 <p>505-836-4035</p>
 <p>Robert & Trish Templeton 505.217.6444 or 505.400.4977 turquoiseroadrunnercatering@gmail.com</p>	 <p>https://theoptimistclubofabq.terri Lynn.com/</p>	 <p>RONALD McDONALD HOUSE CHARITIES® NEW MEXICO</p>	<p>Have Santa Zoom your Family go to www.americassanta.com</p> 	 <p>CHILDREN'S HOSPITAL</p>

Purposes of Optimist International


To develop optimism as a philosophy of life utilizing the tenets of the Optimist Creed; To promote an active interest in good government and civic affairs; To inspire respect for the law; To promote patriotism and work for international accord and friendship among all people; To aid and encourage the development of youth, in the belief that the giving of one's self in the service to others will advance the well-being of humankind, community life and the world.

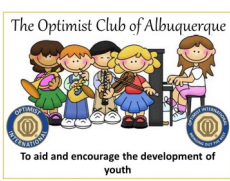


Learn more about
The Optimist Club of Albuquerque, New Mexico
at
<https://www.facebook.com/OptimistClubofABQ/>
OR
<https://optimistclubofalbuquerque.org>



La Copita Club
For Lovers of Good Books, Fine Spirits and Good Conversation
E. E. Curley Roose - Established March 9, 1940
Luncheon on the 5th Fridays during the year at the Sheraton Uptown at noon





Friend of Youth

Postage Stamp

The Optimist Club of Albuquerque, New Mexico
Meeting every Fridays at 12:00
c/o Fred G. Trussell or Patricia Trussell
Overture 55+ Apartment Complex
6441 Palomas Ave. NE, Apt. 304
Albuquerque, New Mexico 87109

